

CASTING OUR BURDENS UPON THE LORD

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Text:

“Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light” (Matthew 11:28-30).

“Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved” (Psalm 55:22).

“Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation” (Psalm 68:19).

Introduction:

1) All have some burdens. “For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed, but clothed upon, that mortality might be swallowed up of life” (2Corinthians 5:4).

2) There are values to some burdens.

(1) Weak points made stronger.

(2) Learn to trust in God.

(3) Learn from mistakes.

3) Paul was forced to bear many burdens in serving the Lord - but they didn't stop him.

(1) “For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day. For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory; While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal” (2Corinthians 4:16-18).

(2) “And now, behold, I go bound in the spirit unto Jerusalem, not knowing the things that shall befall me there: Save that the Holy Ghost witnesseth in every city, saying that bonds and afflictions abide me. But none of these things move me, neither count I my life dear unto myself, so that I might finish my course with joy, and the ministry, which I have received of the Lord Jesus, to testify the gospel of the grace of God” (Acts 20:22-24).

4) Three things we are specifically told to do with our burdens.

(1) Cast them upon the Lord, “Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved” (Psalm 55:22).

(2) Bear ye one another's burdens, “Bear ye one another's burdens, and so fulfil the law of Christ” (Galatians 6:2).

(3) Every man shall bear his own burdens, “For every man shall bear his own burden” (Galatians 6:5).

5) Look at the phrase "casting our burdens upon the Lord".

I. THERE ARE BURDENS

1) Burdens are a reality!

(1) We live in a world where there are burdens!

(2) "For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed, but clothed upon, that mortality might be swallowed up of life" (2Corinthians 5:4).

2) Some burdens we may bring upon ourselves.

(1) If we commit murder - may spend life in prison.

(2) When we over use credit card - we have to pay the bill!

(3) Some burdens we have to bear ourselves - the Lord is not going to remove the consequences!

3) Other burdens over which we have no control.

(1) Adversities in life. (some things brought on by "friends", "loved ones").

(2) Other distractions come our way.

4) But there are burdens brought on by sin.

(1) "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord" (Romans 6:23).

(2) "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap" (Galatians 6:7).

(3) All have sinned - "For all have sinned, and come short of the glory of God;" (Romans 3:23).

II. THE LORD IS ABLE TO GIVE US RELIEF FROM OUR BURDENS

1) "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30). "I will give you rest", "And ye shall find rest for your souls".

2) Look at the context of the passages.

(1) John the Baptist: "Then began he to upbraid the cities wherein most of his mighty works were done, because they repented not: Woe unto thee, Chorazin! woe unto thee, Bethsaida! for if the mighty works, which were done in you, had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. But I say unto you, It shall be more tolerable for Tyre and Sidon at the day of judgment, than for you. And thou, Capernaum, which art exalted unto heaven, shalt be brought down to hell: for if the mighty works, which have been done in thee, had been done in Sodom, it would have remained until this day. But I say unto you, That it shall be more tolerable for the land of Sodom in the day of judgment, than for thee" (Matthew 11:20-24). rebukes cities that rejected him.

(2) Speaks to the Father: "At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the

wise and prudent, and hast revealed them unto babes. Even so, Father: for so it seemed good in thy sight. All things are delivered unto me of my Father: and no man knoweth the Son, but the Father; neither knoweth any man the Father, save the Son, and he to whomsoever the Son will reveal him" (Matthew 11:25-27).

(3) The great invitation: "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30).

3) Triumph over God's enemies: "As for me, I will call upon God; and the LORD shall save me. Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice. He hath delivered my soul in peace from the battle that was against me: for there were many with me. God shall hear, and afflict them, even he that abideth of old. Selah. Because they have no changes, therefore they fear not God. He hath put forth his hands against such as be at peace with him: he hath broken his covenant" (Psalm 55:16-20).

4) "Let God arise, let his enemies be scattered: let them also that hate him flee before him. As smoke is driven away, so drive them away: as wax melteth before the fire, so let the wicked perish at the presence of God. But let the righteous be glad; let them rejoice before God: yea, let them exceedingly rejoice. Sing unto God, sing praises to his name: extol him that rideth upon the heavens by his name JAH, and rejoice before him. A father of the fatherless, and a judge of the widows, is God in his holy habitation. God setteth the solitary in families: he bringeth out those which are bound with chains: but the rebellious dwell in a dry land" (Psalm 68:1-6).

5) God is able to overcome His enemies, give rest unto His people.

III. WE MUST "COME" UNTO HIM

1) Jesus has "come" to us that we might come to him.

(1) "The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly" (John 10:10).

(2) "Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matthew 11:28).

2) You and I have the ability to come.

3) How do we come?

(1) By taking his yoke upon us and learning of him, "Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls" (Matthew 11:29).

(2) We must submit ourselves to Christ, "Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. Being then made free from sin, ye became the servants of righteousness" (Romans 6:16-18).

(3) Hear, Believe, Repent, Confess, be Baptized.

4) In context of Matthew 11, many refused to come - no promise of rest to them.

IV. WE ARE TO CAST OUR BURDENS UPON HIM

1) "Cast" - throw.

2) Burdens & our cares, "Casting all your care upon him; for he careth for you" (1Peter 5:7).

3) He has promised rest to those that labor & are heavy burdened, "Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matthew 11:28).

4) Why should we?

(1) He cares! "Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not" (1John 3:1).

(2) You are of interest to God.

5) Promised his providential care over the righteous.

(1) "For it was not an enemy that reproached me; then I could have borne it: neither was it he that hated me that did magnify himself against me; then I would have hid myself from him:" (Psalm 55:12).

(2) "For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil" (1Peter 3:12).

CONCLUSION:

1) There is yet a rest awaiting the faithful child of God, "There remaineth therefore a rest to the people of God" (Hebrews 4:9).

2) What are we going to do with the burden of sin?

3) Why not come to Christ?, submit your will to His?

4) "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30).